

Online Social Group



Easy-read guide for students, parents and carers



Upward Mobility Scottish Charity Registration Number SC037917 Company Registration Number SC309982 | www.upmo.org

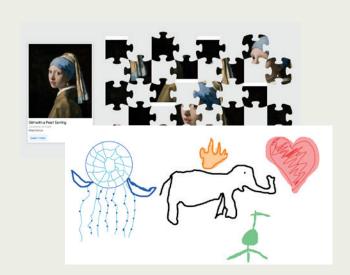
What is an online social group?



An online social group brings people together over the internet.



We can talk and interact together in a group video call using Zoom.



We can use virtual tools and websites to play games and do activities.

What will we be doing?



We will chat about things that interest the group.

This could include films, games, music or what is going on for us.



We will play fun games and quizzes chosen by the group.



You are welcome to bring a hot or soft drink to enjoy while we chat!

Who will take part?



The Online Social Group is for Upmo students who want to get together with friends.

It is also for students who want to meet new people.



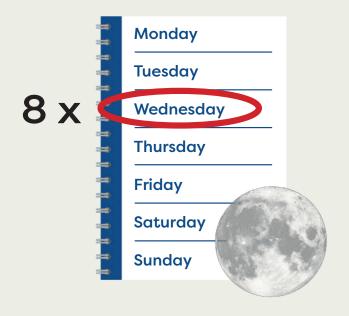
There will be up to 5 students in the group.

If more people are interested, we will think about putting more groups on next year.



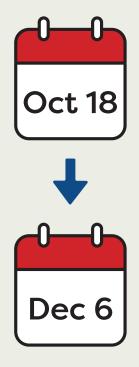
Andy, Patrick and Charlotte from Upmo Connect will lead the group.

When will it happen?



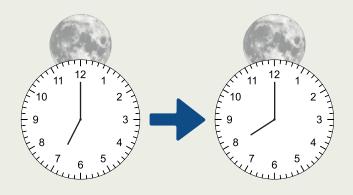
The Online Social Group will run for 8 weeks.

It will take place on Wednesday evenings.



The first session will be on 18th October 2023.

The final session will be on 6th December 2023.



The sessions will be an hour long, from 7pm - 8pm.

What do I need to take part?



You will need:

A phone, tablet or computer with a working camera and microphone.



A good, fast internet connection.



A Zoom account and access to the website or app.



A comfortable, quiet space at home.

How can I find out more?



If you would like to know more, you can:



Call Upmo's phone number: **0131 661 4411**



Send Upmo Connect an email: connect@upmo.org